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Vol. 1 #9

9



WHAT IS THE ACLU? The purpose of the American Civil Liberties Union-and its only purpose-is the preservation & strengthening of the freedoms guaranteed to us under the Bill of Rights. There are many government officials & private citizens & special interest groups who think our constitutional guarantees of freedom of inquiry & expression, due process of law & equality before the law should be denied to certain citizens whom they consider undeserving. They believe they have the right to decide who is or is not deserving. ACLU believes, as our nation's founding fathers believed, that no one should have the privilege of deciding who is deserving of the rights guaranteed to us under the Constitution. These rights belong to all-without exception. **WHAT DOES THE ACLU DO?** In The Court: The everyday business of the ACLU is helping people whose civil liberties have been violated. Much of this work is in the courts. Each year the ACLU enters into hundreds of court cases. It may supply counsel for the person whose civil liberties have been denied, or it may submit a "friend of the court" brief which argues the constitutional question at stake.

Many of the cases, fought by the ACLU are of historic significance-such as the famed *Scopes v. State of Tennessee* 'monkey trial'.

In recent years, ACLU and its affiliates have won many notable victories before the U.S. Supreme Court protecting rights of free speech, the right of peaceful protest, the right to counsel, freedom of the press, decisions banning religion in the public schools & the widespread evil of introducing illegally seized evidence in state courts. Constant watchdog activities by ACLU affiliates across the nation are necessary to prevent unfair court procedures. **IN THE COMMUNITY:** Through contacts with public officials, ACLU is frequently able to secure the adoption of enlightened policies designed to protect & extend constitutional rights. For example, the ACLU of Greater Philadelphia some years ago secured the creation of the nation's first Police Review Board, an official agency to obtain redress for citizens aggrieved by unlawful police actions, ACLU can often be effective by arousing public interest. A noteworthy example is the report issued by the Illinois Division 'Secret Detention by the Chicago Police.' ACLU has effectively supported anti-discrimination laws, legal assistance for the poor, the rights of Indian Tribes & legislation to provide improved court procedures and reapportionment of state legislatures.....

If you would like to join the ACLU or obtain more information; write to ACLU (Cleveland) 207 Lawyers Bldg, 1302 Ontario, Cleveland Ohio 44113 Telephone - 781-6276

By joining the national ACLU, you will join the affiliate in your area and participate in the defense of civil liberties on the local scene.

there is my official statement, as the papers will either distort it or not print it, I leave it to you. Please Publish it.

In 1936 my Uncle Nathan fled Germany and the small newspaper which he had been running. He had learned through a friend that his name was on the arrest list for the following day. The specific charge was "possession of an illegal weapon" but there was little pretense that he was to be arrested for "spreading dangerous ideas."

As The Plain Dealer will undoubtedly print one of their customary "Dope Fiend Flees" stories (ed: they did), I wish to make it clear to anyone concerned about the reasons for my leaving. The narcotics charges against me are thinly disguised maneuvers to close my book store. I am not guilty of these charges; that is not why I am running. I had naively believed that our constitutional guarantees were specifically framed to protect those with controversial ideas. The artists, intellectuals, hippies and students in general have been suffering outrage after outrage from the police. We have been crying out in pain but to deaf ears. Those reporters who have been aware of what has been going on have been unable to print their observations because of reactionary, police-controlled editors. Instead, those elements of society who are most committed and concerned are made the public scapegoats for conservative reaction against the many frustrations of social change which are so confusing to all of us.

I am certain that you, the hard working respectable people of Cleveland cannot accept my claim that a police state is being thrust upon us; you do not feel its effects. You regard us as criminals, traitors and troublemakers who deserve the wrath of the Law. But when they begin silencing the books, the ideas, the treacherous road to Fascism is being well paved. If we are screwballs it is because our warnings to you are met with police clubs. You do not believe us when we say your newspapers are controlled, your leaders lie. And as you continue to confront 1968 with 1940 attitudes you will be lead deeper into insanity abroad and civil war at home. You in Lakewood and Shaker will begin to feel the weight of the ignorant authoritarian bureaucrats as we have.

I regret deeply that I cannot stay here and help. It is not just Russia or Greece that free men must flee for their lives. As I have already suffered great injustice at the hands of our sacrosanct public officials, I hardly expect better in the courtroom. As you continue to see your children arrested for smoking marijuana and having long hair, perhaps my flight will begin to have meaning to a few of you. Just as Germany began with Gypsies, then Jews, so the United States has its hippies and negroes. I hope that I can find a nice quiet riverbank somewhere where I can write my music in peace. Stan Heilbrun

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PRAY FOR CLEVELAND

The University Christian Movement recently held a conference at The Sheraton. I read the newspaper accounts & didn't want to go, but happened to be downtown and stopped in for kicks. It wasn't a kick, I got stoned in awe. The newspapers played up the beards & the confusion, what I saw were thousands of young people, most of them dressed pretty well, ministers, nuns, priests all working together trying to communicate, to resolve conflicts, to increase their awareness. (there was also an excess of plain clothesmen). A friend going to school in Athens stopped to talk with a group of leather jacketed greasers in a hallway. The police came over & TOLD them to leave. Someone should have told the police that the conference was open to everyone. S S S S S

Rumor has it that the usual information suppressants have been at work again and CHEETAH has been pulled from many sub-urban newsstands, this was after a few of those friendly phone-calls had been made. Is Cheetah worth banning?

For an annual subscription to Cheetah, send \$5.00 in check or money order to Cheetah Magazine, 1790 Broadway, N.Y., N.Y. 10019.)

CHEETAH

The police must be sleeping again, they forgot to censor WILDFLOWERS by Judy Collins, or in a city where the sun is banned how did this record manage to get smuggled in? Wildflowers (Electra) is something of the sun for where ever you're at::: AFTER BATHING AT BAXTERS by the jefferson airplanes (capital) they did it again, but you need at least 3 heads to absorb it at once, lines like 'wake me warm' & 'i want a country that will die for me' act as triggering mechanisms for lost chakras::: PEARLS BEFORE SWINE (ESP) ONE NATION UNDERGROUND "did you find that the universe doesn't care at all?":::: THE STONE PONEYS EVERGREEN VOL.2 (capital) DOES it to me everytime::: CELEBRATIONS For A Grey Day (Vanguard) Mimi & Richard Farina (R Farina (deceased) is or was also the author of been down so long, it looks like up to me)::: SANDY BULL inventions (vanguard) a quiet record to be saved for those after-hours joints. JAPANESE TEMPLE MUSIC (Lyricord 117) zen, nembutsu & yama-buddhist chants. This is the best record of buddhist chants i've heard, don't confuse it with LL116 or LL118.



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LSD-CHROMOSOME DAMAGE A HOAX?

There seems to be quite a bit of unverified information floating in the sewers of Cleveland with regards to the immediate and after effects of a chemical hysterically referred to as LSD. Most recent of these "rumors" are statements to the effect that this chemical does irreparable damage to the human chromosomes. Though this may or may not be true, there seems to be a marked suppression of the results of those studies which found no damage, and a wide hysterical coverage of those studies which claim that damage was found. An appraisal of those studies, or at least two of them, might prove meritorious.

One of the reports of damage resulted from experiments conducted on the fruit fly from the family Drosophila. But the flies were given what would amount to 75,000 micrograms of LSD in human terms, at least 300 times the normal dosage that the hippies take. The only valid observationst that one can make from this is that the Drosophila are indeed a hardy brand, to escape this quantity of so potent a chemical with little more than chromosome damage, and that more than likely they will find it within their organisms to survive on this planet long after the last human has moved on.

Another of these so-called conclusive reports demonstrates that chromosome damage is observed when LSD is introduced into a human blood culture. What this report fails to mention is that any foreign substance introduced directly into a blood culture will cause such damage. We must remember here that LSD is chemically changed before it reaches the blood, and that conditions within the body are much different than those in a controlled culture. Also of some note is the fact that damage did not notably increase even when much larger doses were introduced into the culture.

More important than the incidental factual information presented in these reports is the reasons that these reports, all unfinished, had been reported to the public in the first place. It would seem that this hysteria of late is not intended to influence those already taking LSD, nor those irresponsible children who may still take it, but rather to present to "responsible" society the programmed delusion that nothing good can come of LSD, that behind those three letters lurk nothing but insanity and danger, and that (ultimately, for the betterment of the race) this is merely another plague to be dealt with. It is much easier that way, much easier to fear than to make any attempt at understanding. Gibran puts it very nicely: "When people abhor that which they cannot understand they are as those burning with fever, to whom the choicest food is unpalatable."

Whether chromosome damages results from LSD or not is still an open question. And whether it matters or not and what it means is still another question. An interesting point that could be made here is that though such damage may occur the damage may not have adverse effects, but rather much more positive effects. It may help us take another step in our development, toward the day when we (as a race) might look back on these days in much the same way as we today look back on the days when cro-magnon man wandered on this planet, took a bite out of some strange herb and began to hallucinate...

It is apparent now that our scientists have finally discovered exactly what happens to the mind of those men who have decided to take the alcoholic "trip". It seems that the most important chemical within the brain that is affected is serotonin, which does result in some interesting observations.

Serotonin, which has certain as yet undetermined effects on human emotion, is during normal conditions mostly converted to a complex compound called 5-hydroxyindoleacetic acid (5-HIAA). It has been demonstrated that with increasing doses of alcohol, the production of 5-HIAA in the body drops off considerably, which results in increasingly large residual amounts of serotonin within the system.

What makes this extremely interesting to us here is the known effect of another drug, known to be less dangerous than alcohol, on this important chemical serotonin. Although the exact nature and cause of the reaction is unknown, it is known that the amount of serotonin greatly decreases within the mind of a person under the influence of LSD. This could explain why a person who often takes LSD might observe that those who had taken no drug look and think as if they were alcoholics. Chemically, a "straight person" is to an acid head the same as an alcoholic is to the straight. It's really no surprise that the hippies feel it necessary to drop out of a society which they say "drinks too much".

The above information & comment was collected for the Buddhist 3rd Class Junkmail Oracle by EVOLUTION INCORPORATED, CLEVELAND OHIO

A study of Haight-Ashbury LSD users showing no chromosomal changes appeared in the October 27, 1967 issue of SCIENCE. The researchers were Loughman, Sargent and Isrealstan of UC Berkeley's Donner Laboratory.

editors notes:

Perhaps 4 million people have taken LSD in the U.S. After recent reports many of them are worried about chromosome damage- it is possible that worrying about chromosome breakage may do more actual harm than a few LSD trips. I would like to make it very clear that i do not recommend taking lsd at the present time, especially in fascist held paranoid states like ohio. I would also like to add, that if government standards are worth anything, then one has nothing to worry about if they have taken 1 or 2 LSD voyages - a back issue of INNER-SPACE mentioned that the FDA has already approved a measles vaccine known to do more chromosome damage than LSD. This article is printed to calm down those few frightened one-trippers - not to advocate the use of LSD. BLACK MARKET LSD may be dangerous, because you never really know what you're getting. If you enjoy living, stay away from acid and stay out of Vietnam. If you insist upon hallucinogens as a way of life or religion, stick to psilocybin, pot or peyote. All have been used for centuries with no apparent mutant strains appearing. They are also illegal in ohio due to persecuting christian denominations, so i can only suggest you move to another state, or start a legalization movement & get arrested for disagreeing with state policy.

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With HANS FANTEL

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ZEN BUDDHISM AND THE PRACTICE OF UNITY

Christianity, Judaism and Islam, all religions that originated in the Near East, are monotheistic. One God, the Creator, is supreme over everything. Buddhism, on the other hand, is actually atheistic, in the literal meaning of that word, no-god-istic. Archetypal figures which incarnate mercy, wisdom and other qualities are venerated in Buddhist temples, but there is no omniscient, omnipresent deity from which all things flow.

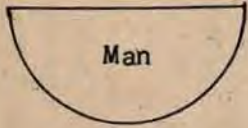
We may suppose from our cultural experience that a supreme power is the essential element of any religion, but a little study will show that Taoism, Shinto, and certain forms of Hinduism as well as Buddhism lack this "essential element," and followers of these religions are as devoted in their way as the Christian is in his.

If we were to draw a simple picture of the world view of religions like Christianity, we might come up with something like this:



Man is not completely separated from God in this view, but he is not completely united with him either.

Perhaps the Westerner might think of the Buddhist world view as half a circle, with God cut off, like this:



But the Buddhist would find this mistaken and incomplete. His world view is really like this:



It has no labels at all, and no separations. What may be called God and what may be called Man are both there in an infinitely subtle blend that is falsified by any title.

This circle with nothing in it, and no boundary really, — the circumference is quite as mistaken as any label, — is a picture of the cosmos, not only in the Buddhist view, but in the view of science. Matter is infinitely porous, as every high school student knows, or should know.

In separating God from Man to some extent, we in the West also separate flesh from spirit, heaven from earth and from hell. We tend to categorize everything into units of time, place and cause, and ordinary religious truths have become obscure to us:

Am not I
A fly like thee?
Or art not thou
A man like me? — William Blake, *The Fly*

We have allowed ourselves to come too far in our separation of integral elements of ourselves and the world. We follow principles and make war on our neighbors, only a day's journey away. We pretend it is steak, not cow, that we eat with such pleasure.

In Asia, the ideograph for "mind" also means "heart," and when a judo teacher uses the word "mind" he thumps himself on the lower abdomen. The singer, the runner and the dancer everywhere will understand this, but most of the rest of us will not, at least not right away.

The mind is not only the brain, the spirit is not separate from the flesh, God and Man are not different things, — this is the teaching of Buddhism. Our skin responds to music and our hearts to perfume through an infinitely complex nervous system. Objective truth will instruct us in the minutia and the grandest scope of abstraction, but love is nowhere in a marriage manual, the scientist must ultimately make his peace with himself and the cosmos, if only with drugs in an oxygen tent.

Of course, the deepest Western thinkers also affirm unity. Meister Eckhart wrote, "The eye with which I see God is the very same eye with which God sees me." Yet even Eckhart was hampered by the vocabulary of his culture. His expression is beautiful, but complicated. Bodhi Dharma said simply, "Completely open, nothing holy," when the Emperor of China asked him about the first principle of the "holy teaching."

Our problem in the West (and to some extent everywhere) is a tendency to intellectualize, and to substitute a theory of experience for experience itself. Once an older woman remarked to me, "You know, there is a psychological basis for falls."

Rather unkindly, I replied, "You mean, we fall down because we want to."

"No," she protested, "that isn't what I mean at all."

Somehow this lady was blaming Freud for her skinned knee, but if she had read him more carefully, or at all, she would have found a reason closer to home, closer to the workings and history of her own person.

Mahayana Buddhism seeks to restore to us a sense of unity, which we lost while growing up. This oneness is not an end product, but rather a base we must attain for dealing with a world that is made up of myriads of separate conflicting elements on a myriad of levels.

The various sects of Mahayana suggest different methods of reaching this realization of oneness. At Koko An we follow the Zen way of sitting quietly and developing control of our breathing and our brains, our body and our mind. It has been called the hard way by other sects, but perhaps for Westerners it is easier than actually converting to Eastern beliefs.

There is nothing to believe in Zen, just a method to be tested. A complete grasp of unity certainly does not happen overnight, but as we train we find that we sleep better, our feelings of love deepen, and our concentration on work and study becomes more effective. Encouraged by these small gains, we sense the profound changes that are possible.

ROBERT AITKEN

Koko An is the home of a small group of Zen Followers in Hawaii.



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The Zen Center of San Francisco and its many hard-working members have raised \$90,000 toward the purchase of the Tassajara Hot Springs with its buildings and 160 acres, and are devoting time and energy toward the development of an American Zen Mountain Center.

The entire plan has been improved in the past six months with voluntary labor. Electrical and plumbing systems have been renovated, buildings have been rebuilt, plastered and painted. A new kitchen has been begun, the stone foundations of a bridge have been repaired, gardens and landscaping have been started.

When completed, the Zen Mountain Center will be available to groups and individuals interested in meditation who do not necessarily follow the Soto tradition of the founding organization. Donations to help cover purchase and construction expenses are tax exempt. Checks should be made out to "Zen Center" and mailed to 1881 Bush Street, San Francisco, California 94109.

Smoke BOOKS

By JEROME AGE
Editor-Publisher of a Monthly Mind-Expander
We're tripping and invite all you bookheads to come along. We call our connection BOOKS THE MONTHLY NEWSPAPER. Our readers call us other things. Like, "BOOKS the funnest thing I've ever read." "BOOKS the be-in." (Nice pun there). "BOOKS my monthly brunch coat." We're telling it like it is — underground, overground, whowhatwhywherewhen. Long before anyone else, usually. Our theory: Books, authors, films, viable ideas — people — aren't as dull as others make them out to be. Typical contents: Dubuque's little old lady; Paul Krassner's parents; Our Son the Realist; Transcript of 10-year-old Lesley Downey being murdered on the Moors; Last known photograph of God; Rex Reed on Rex Reed; Cop Art; John Simon John Simon John Simon; James Jones' "Go to the Widow-Maker" revives probability that Columbus was Jewish. News, seminal ideas, layouts available nowhere else. Plus plus plus. Scoop scoop scoop. BOOKS is in its fourth year of monthly publication. If you want to be included, send us the coupon today. Or call your travel agent.
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to sibyl - by Ingrid Swanberg

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christ didnt ride side-saddle
he poured up a laugh edged
on crazy and sweet; they
never heard it, how could they
know? river of fire melts
with river of milk,
winter clears the mountain,

but you burst open the door to
ancient snap popple and crack,
burning the remains of communion
mushrooms, reaching for a drowning
beetle, watching it vanish without
a puff*

(the oracle says wait
it always says wait)
but you just never wait, the black
dog jumps to dance with you,
grinning through foam, unshy
in luminous sleep

mouth aching
(there's a drop of wonder
on your chin)
madness slouches off to space
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The Tiger's Cave

TREVOR LEGGETT

The Japanese texts translated here give a fascinating picture of actual Zen life—the life of the traditional temple training, with many stories and a number of historical incidents connected with Zen masters. What, for instance, happens when a young Zen monk makes a terrible mistake at a public ceremony? What sort of a reception today does a well-known abbot and scholar get when he visits his own teacher?—and so on.

The main text is the important commentary by a contemporary Soto Zen abbot on the Heart Sutra—the shortest and most difficult sutra in Mahayana Buddhism. But in the humble hands of the Venerable Obora, this bare statement of self-contradictory concepts becomes alive and related to modern life.

Then comes a translation of the Yasei Kanna, a short autobiographical piece by Hakuin, the Japanese poet, monk and teacher who revitalized Zen in the eighteenth century. It tells simply of how, to resolve a spiritual crisis, he made a pilgrimage to one of the strange mountain 'immortals' or sennin. The hermit showed him how to harmonize the vital currents in his body by special practices. The cure is as necessary and as simple to apply now as it was then.

The Sermon of No Words and On Stillness in Action by Rosen Takashina, the present primate of Soto Zen and a few other short pieces are equally welcome for showing what Zen means and is in Japan today.

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bella lugosi

died silent in the mask
lost himself in the mask
grew old inside the mask
the man behind the mask
became the mask
old man with heroin
etched in the lines
of his smile
outlived four wives
who never saw
the face writhing beneath
the thin difference
of paint & rubber
the masterpiece
perfected from
the unholy obsession
today
they fill absurd theatres
& re-align themselves
behind the monster
he created from
his darker void
something they find
in the monsters loneliness
against the world
that they find
within themselves

by t.l.kryss



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JAN 20th MIDNITE
CURRENT EVENTS for
the high minded
defense d'afficher
by Hy Hirsch
PSYCHOMONTAGE by
Kronhausen
THE LITTLE ISLAND
by R Williams (1958)
NGUYEM VAN TROI
LIVES ON

RELATIVITY by
ed emshwiller &
AMAZING GRACE by
ian joel.

JAN 27th MIDNITE
INNER COMMUNICATION
with the FAR OUT

Photographing The
Figure by dave bennet
WHOLLY COMMUNION by
peter whitehead (1966)
HOW TO BUILD AN IGLOO
CIRCLE OF THE SUN &
NAHANNI



EVERY SATURDAY AT MIDNITE



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WRITTEN IN DAMP CONCRETE
WORDS TO SAY YOUR FACE IS BEST
IF YOU DON'T FORGET TO RINSE
OTHERWISE IT MAKES NO SENSE
AND HALLOWEEN CURB YOU'LL BE CALLED TO HEAR

(CHORUS:) EVERY OTHER CAR IS STUCKED
AND EVERY OTHER WALL IS CRACKED
BUT BAXTER'S IS BOOMING
OH WRITTEN IN DAMP CONCRETE
WORDS TO SAY YOUR BATH IS BEST
IF YOU DON'T FORGET TO RINSE
OTHERWISE IT MAKES NO SENSE
AND VALENTINE WALK YOU BE CALLED TO HEAR

(CHORUS:) EVERY OTHER CAR IS STUCKED
AND EVERY OTHER WALL IS CRACKED
BUT BAXTER'S IS BOOMING

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